

The Scoop On Seniors

Published 01/08/2010 - 8:19 p.m. CST

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GREETINGS! And a Happy New Year - 2010!

We invite all you seniors in the community to Layden Senior Citizen Center aka Forney City Hall, Monday thru Friday, 8:00 to 2:00, for fun and fellowship (and exercise if you so desire); then lunch at 12:00. Please call Jennifer @ 972.564.7348 for a lunch reservation.

Last week one day Jennifer's girls visited us, bringing us a calendar/day planner from Kaufman County Senior Citizens Services and a spacial tree ornament compliments of Girl Scout Troops 3002 and 9278, with this quote: "Life is like a crystal ball. Both are fragile and easily shattered. But both can last forever if properly taken care of ..."

Thanks for the memories! We've shared a lot of memories in '09. We've touched on a lot of good intentions: Going Green, Random Acts of Kindness, Making a Difference, etc. Well, recently a friend of mine shared some things that I feel are worth remembering, many of which you can't describe. Let's just take a look at a few "highs" that are indescribable: getting mail, a hot shower, a special glance, hearing your favorite song on the radio, lying in bed listening to the rain on the roof; enjoying a milkshake, going to the beach, playing with a new puppy, sweet dreams, holding hands with someone you care about, watching a sunrise or a sunset; waking up and realizing that you have a few more hours to sleep; or getting out of bed and being grateful for another beautiful day. Now, just think for a moment and see if you can compare any of these to anything else. OKAY?

TFT: This a quote from P.S., I Love You by H. Jackson Brown, Jr., which is a compilation of P.S. love notes attributed to his mother. "I know how upset you are with Robert. But when you remember how hard it is to change yourself, you begin to understand what little chance we have of changing others. I love you, Mom"

P.P.S, Do you care about the hungry, the abused, the homeless, the abandoned? As individuals it is hard for us to reach out to these! But it is with good intentions to help serve these less fortunate that we encourage each of you to bring something for our 2nd Wednesday offering to the local food pantry. An area library forgives late charges if you bring grocery items for the local food bank. I wish I had saved their list; but staples such as soup, beans, rice, pasta, etc. (dried or canned) always go a long way toward fighting hunger! See you with your donation Wednesday, January 13.